



Our foundations are 30 beliefs, practices, and virtues that help us know God well, do what He calls us to do, and be who He calls us to be.

## **ADDITIONAL RESOURCES**

### **Practice #3: Grow in Prayer**

#### **Scripture**

- Psalm 25
- Matthew 6:5-13
- 1 John 5:14-15

#### **Podcasts & Videos**

- The Prayer Course (RightNow Media with Pete Greig)  
<https://app.rightnowmedia.org/en/content/details/438946>
- Practicing Faith: Praying & Acting (The Bible Project Podcast)  
<https://bibleproject.com/podcast/practicing-faith-part-3-praying-acting/>

#### **Articles, Books, & Bible Studies**

- How to Pray: A Simple Guide for Normal People  
<https://g.co/kgs/ryCKNy>
- Praying the Bible by Donald S. Whitney  
<https://g.co/kgs/qaJdtn>
- Before the Throne Bible Study by Crickett Keeth  
<https://g.co/kgs/pUf1eU>